

Understand Rules and Safety

How to use: Print first for the main practice. Then use the device to repeat activities and save progress.

LEARNING OBJECTIVES

- 1 Identify rules we follow in the community
- 2 Explain why rules keep us safe

MINI LESSON

Imagine a soccer game with no rules — everyone would push, grab the ball, and no one would know who won! Rules make life fair and safe for everyone.

What is a rule?

- A rule is an agreed statement about what we should or should not do.
- Rules keep people safe, treat people fairly, and help things run smoothly.
- Example: "Stop at a red light" keeps drivers and walkers safe.

Rules at home, school, and in the community

- Home rules: Clean up after yourself, be kind to family members.
- School rules: Raise your hand before speaking, walk in the hallways.
- Community rules: Obey traffic lights, do not litter, respect others' property.

Why do we follow rules?

- Rules protect us from getting hurt.
- Rules make sure everyone is treated fairly.
- When people follow rules, communities feel safe and happy.

What happens without rules?

- Without rules, people could get hurt or treated unfairly.
- Community helpers like police officers help make sure rules are followed.

Rules We Follow



Stop at a red light.

Keeps drivers and walkers safe.



Raise your hand in class.

Keeps class fair and orderly.



Do not litter.

Keeps the community clean.

Why Rules Matter



Without rules...

People could get hurt

Things would be unfair

The community would be messy

! Ask yourself: "Does this keep someone safe or treat people fairly? Then it is probably a rule we should follow!"

TRACING PRACTICE

Trace each word, then copy it twice on the lines below.

TRACE

rule

COPY 1

COPY 2

TRACE

safety

COPY 1

COPY 2

TRACE

fair

COPY 1

COPY 2

TRACE

community

COPY 1

COPY 2

TRACE

traffic light

COPY 1

COPY 2

TRACE

litter

COPY 1

COPY 2

TRACE

law

COPY 1

COPY 2

TRACE

protect

COPY 1

COPY 2

Tip: Write one reason why each rule is important next to your sketch.

EXERCISES — SORT & MATCH

Write each card in the correct column.

SENTENCES TO SORT

1. Stop at a red light.
2. Run through the school hallway.
3. Raise your hand before speaking.
4. Drop litter on the sidewalk.
5. Walk on the sidewalk.
6. Push others to get to the front.
7. Put trash in the bin.
8. Play music very loudly at night.

Write the number of each sentence in the correct bucket below.

Rule We Follow

Not a Rule

EXERCISES — MULTIPLE CHOICE

1. What is a rule?

- A story about what happened long ago.
- An agreed statement about what we should or should not do.
- A game that people play together.

2. Why do we follow safety rules?

- To prevent accidents and keep people from getting hurt.
- To make things harder for people.
- To earn extra money.

3. Which is a community safety rule?

- Eating lunch at noon.
- Watching television before bed.
- Stopping at a red light.

4. Which is a school rule?

- Stop at a red traffic light.
- Raise your hand before speaking.
- Buy food at the grocery store.

5. How do rules treat people fairly?

- Everyone follows the same expectations, so no one has an unfair advantage.
- Rules give some people extra privileges.
- Rules allow leaders to do whatever they want.

6. "Do not litter" is an example of which kind of rule?

- A home rule.
- A school rule.
- A community rule.

7. What would happen in a community without rules?

- Everyone would be very happy and free.
- People could get hurt and things would be unfair.
- People would invent better rules on their own.

8. Who helps make sure community rules are followed?

- Police officers.
- Librarians.
- Grocery store workers.

9. Which is NOT a rule we should follow?

- Walk on the sidewalk.
- Put trash in the bin.
- Run through the school hallway.

10. How do rules help a community run smoothly?

- They allow only leaders to make all the decisions.
- They give everyone clear expectations so people can cooperate peacefully.
- They make some people more important than others.

ASSESSMENT

PARENT / TEACHER CHECKLIST

- Names at least three community or school rules (e.g., stop at red light, raise your hand, do not litter) when asked aloud.
- Explains why at least two rules exist — for safety, fairness, or smooth running — in their own words.
- Correctly sorts rule-following and rule-breaking examples into the right buckets on the activity.
- Sketches a rule sign and writes or traces its label and purpose legibly.