

# Our Family Rules

**How to use:** Print first for the main practice. Then use the device to repeat activities and save progress.

## LEARNING OBJECTIVES

- 1 Explain why families have rules
- 2 Give examples of family rules
- 3 Tell the difference between a rule and something that is not a rule

## MINI LESSON

Every family has rules — and rules are there to keep everyone safe, happy, and kind!

### What is a rule?

- A rule is a statement that tells us what we should or should not do.
- Example: "Wash your hands before eating" is a family rule that keeps us healthy.
- Rules use words like always, never, do not, or must.

### Why do families need rules?

- Rules keep family members safe — for example, "Hold an adult's hand near the road."
- Rules help us be kind — for example, "Be nice to your siblings."
- Rules keep the home tidy and peaceful — for example, "Put your toys away after playing."

### Common family rules

- Say "please" and "thank you."
- Do not hit or shout at others.
- Help with chores at home.
- Go to bed at the same time every night.

### Our Family Rules

✓ Wash hands before eating.

✓ Be kind to your siblings.

✓ Put toys away after playing.

✓ Say please and thank you.

### Why rules matter

**Safe**

Protects us  
from harm

**Kind**

Helps us treat  
others well

**Tidy**

Keeps our home peaceful

! Ask yourself: "What is one rule in my family? Why do we have that rule? Does it keep us safe or kind?"

## TRACING PRACTICE

Trace each word, then copy it twice on the lines below.

TRACE

rule

COPY 1

COPY 2

TRACE

rules

COPY 1

COPY 2

TRACE

safe

COPY 1

COPY 2

TRACE

kind

COPY 1

COPY 2

TRACE

family

COPY 1

COPY 2

TRACE

tidy

COPY 1

COPY 2

TRACE

please

COPY 1

COPY 2

TRACE

always

COPY 1

COPY 2

## EXERCISES — MULTIPLE CHOICE

### 1. What is a rule?

- A wish for something you want.
- A statement that tells us what we should or should not do.
- A story about a family member.

### 2. Why do families have rules?

- To make children unhappy.
- Because rules are fun to break.
- To keep everyone safe, kind, and the home peaceful.

### 3. Which rule keeps a child safe?

- Hold an adult's hand near the road.
- Eat as much candy as you want.
- Stay up as late as you like.

### 4. Which rule helps us be kind at home?

- Leave your dirty dishes on the floor.
- Be nice to your brothers and sisters.
- Take your sibling's toys without asking.

### 5. Which rule helps keep the home tidy?

- Put your toys away after playing.
- Leave your clothes on the floor.
- Spill your drink and do not clean it up.

### 6. Which one is a fact, NOT a family rule?

- Wash your hands before eating.
- Go to bed at bedtime.
- The sky is blue.

### 7. Which word is often found in a rule?

- because
- always
- maybe

### 8. "Say please and thank you" is an example of which kind of rule?

- A kindness rule.
- A safety rule.
- A tidiness rule.

### 9. Who usually makes the rules in a family?

- The youngest child in the family.
- The parents or caregivers.
- The family pet.

### 10. What happens when everyone in a family follows the rules?

- The family argues more often.
- Rules stop working after a while.
- Everyone in the home feels safer and happier.

## ASSESSMENT

### PARENT / TEACHER CHECKLIST

- States at least two rules from their own family and explains why each one exists.
- Correctly sorts at least 8 of 10 cards into the Rule and Not a Rule buckets.
- Tells the difference between a rule and a fact when given an example aloud.
- Gives a reason why rules are important, using the words "safe," "kind," or "tidy."